22 March 2020

Home learning

Dear Parents and Carers,

We hope that you are all well and are having a restful weekend.

The prospect of home learning might seem overwhelming and daunting to many of you, who might also be trying to run the household and work from home.

Here are some suggestions that we hope will help:

- **Establish a routine:** this should be a routine and not a schedule. Be flexible, but with boundaries. Try to get up and start the day at a time of your choosing and complete tasks in a regular order. It could be that your child completes their maths and English tasks in the morning with a break and a snack included. After lunch, your child could read and then complete their broader curriculum tasks.

- **When schoolwork is finished:** children can continue to learn by carrying out less formal tasks, such as: drawing and doodling, playing board or card games, cooking with you, watching nature programmes, creating their own exercise routine etc. Screen time could be given as a treat once all other learning is complete.

- **Exercise:** this is a significant challenge when learning from home. Our children have 75 minutes of play-time and 30 minutes of PE most days. Joe Wicks is uploading a 30 minute exercise video for children every day at 9:00 am. This could be part of your routine and can be completed at a time to suit your own timetable.

- **We are here to help:** this is a step into the unknown for us all. We will endeavour to support you as much as possible. Please email homelearning@hendreds.oxon.sch.uk if you have any queries related to home learning.

We are developing our online learning platform and will contact you with details as to how this can be accessed in due course.

Many thanks once again for your patience, support and understanding.

Chris Savage, Jamie Veness and the team